Sexually Antagonistic Variation and the Evolution of Dimorphic Sexual Systems

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Abstract: Multicellular Eukaryotes use a broad spectrum of sexual reproduction strategies, ranging from simultaneous hermaphroditism to complete dioecy (separate sexes). The evolutionary pathway from hermaphroditism to dioecy involves the spread of sterility alleles that eliminate female or male reproductive functions, producing unisexual individuals. Classical theory predicts that evolutionary transitions to dioecy are feasible when female and male sex functions genetically trade off with one another (allocation to sex functions is sexually antagonistic) and rates of self-fertilization and inbreeding depression are high within the ancestral hermaphrodite population. We show that genetic linkage between sterility alleles and loci under sexually antagonistic selection significantly alters these classical predictions. We identify three specific consequences of linkage for the evolution of dimorphic sexual systems. First, linkage broadens conditions for the invasion of unisexual sterility alleles, facilitating transitions to sexual systems that are intermediate between hermaphroditism and dioecy (androdioecy and gynodioecy). Second, linkage elevates the equilibrium frequencies of unisexual individuals within androdioecious and gynodioecious populations, which promotes subsequent transitions to full dioecy. Third, linkage dampens the role of inbreeding during transitions to androdioecy and gynodioecy, making these transitions feasible in outbred populations. We discuss implications of these results for the evolution of dimorphic reproductive systems and sex chromosomes.

Keywords: dioecy, intralocus sexual conflict, linkage disequilibrium, sexual system, sexual dimorphism, sex chromosome evolution.

Introduction

Multicellular Eukaryotes use a diverse array of strategies for sexual reproduction (Bachtrog et al. 2014). At one end of the spectrum, simultaneous hermaphrodites express both female and male reproductive structures (sex functions) and reproduce by outcrossing, self-fertilization, or a combination of both (mixed mating). At the other end of the spectrum, dioecious (or gonochoristic) species include separate females and males—usually at similar frequencies—that typically show pronounced sex differences in morphology, behavior, physiology, and life history (Andersson 1994). Flowering plants are particularly diverse in the range of sexual systems that they exhibit, which include hermaphroditism, dioecy, and nearly every possible state in between (Darwin 1877; Westergaard 1958; Bawa 1980; Sakai and Weller 1999; Barrett 2010; Bachtrog et al. 2014; Renner 2014; for animals, see Jarne and Auld 2006).

Dioecy has evolved repeatedly in plants from an ancestral state of functional hermaphroditism—an observation that has inspired much research into the evolutionary mechanisms that might drive such transitions (Westergaard 1958; Sakai and Weller 1999; Charlesworth 2006; Bachtrog et al. 2014; Renner 2014; Goldberg et al. 2017; Käfer et al. 2017). Theory and data agree that transitions from hermaphroditism to dioecy are likely to follow a two-step evolutionary pathway. In the first step, a nuclear unisexual sterility mutation spreads within a hermaphrodite population, resulting in the evolution of gynodioecy (a population composed of hermaphrodites and unisexual females) or androdioecy (hermaphrodites and males; Charlesworth and Charlesworth 1978a, 1978b). During the second step, the alternative sterility allele type—a female-sterility allele in a gynodioecious population or a male-sterility allele in an androdioecious population—spreads to complete the transition to full dioecy (Westergaard 1958; Charlesworth and Charlesworth 1978a, 1978b; Charlesworth 2006; Charlesworth and Willis 2009; Käfer et al. 2017). In these scenarios, unisexuality can arise through the invasion of mutations that individually cause the complete loss of an ancestral sex function in hermaphrodite individuals or through the spread of multiple alleles that cumulatively cause unisexuality (Charlesworth and Charlesworth 1978a, 1978b; Morgan 1992a, 1992b; Seger and Eckhart 1996; 2014).
Charlesworth 1999). Current data on the evolution of plant sex determination systems are largely consistent with this two-step scenario (Westergaard 1958; Charlesworth 2002, 2006; Renner 2014; Ashman et al. 2015).

Classical theory has shown that transitions to dioecy are most likely to occur when two conditions are met (Lewis 1941; Lloyd 1975, 1976; Charlesworth and Charlesworth 1978a; Morgan 1992a; Seger and Eckhart 1996). First, female and male sex functions in hermaphrodites must genetically trade off against one another (e.g., through allocation trade-offs). Second, rates of self-fertilization and inbreeding depression in the ancestral hermaphrodite population must be high enough to promote the spread of unisexual sterility alleles that initiate the transition to dioecy. This theory predicts that gynodioecy, rather than androdioccy, represents the more likely intermediate state between hermaphroditism and dioecy (Lloyd 1975; Charlesworth and Charlesworth 1978a; Seger and Eckhart 1996; Käfer et al. 2017; for comprehensive reviews of relevant theory, see Charlesworth 1999, 2006). Finally, the second sterility mutation to invade the population is predicted to establish in tight linkage with the locus segregating for the intermediate gynodioecious state (Charlesworth and Charlesworth 1978a; Jordan and Connallon 2014; Olito 2017). Our models differ from the classical theories for the evolution of dioecy (Charlesworth and Charlesworth 1978a) by allowing unisexual sterility mutations to essentially hitchhike with genetically linked SA alleles, and vice versa. Linkage to an SA locus expands the range of conditions where unisexuals will spread, elevates the equilibrium frequencies of unisexuals in the population, and promotes evolutionary transitions to dioecy most readily in predominantly outcrossing populations. These findings have parallels in recent theory on the evolutionary consequences of multilocus SA genetic variation (Connallon and Clark 2010; Patten et al. 2010; Úbeda et al. 2010; Connallon and Jordan 2016; Olito 2017), and they suggest a new role for SA genetic variation in the evolutionary origins of new sex chromosome systems.

Models

Building on previous theory, we model evolutionary transitions from hermaphroditism to androdioccy and gynodioecy via the invasion of unisexual nuclear sterility alleles that cause complete male or complete female sterility, respectively (Charlesworth and Charlesworth 1978a). We separately consider the invasion of completely dominant and completely recessive sterility alleles during transitions to androdioccy and gynodioecy, leading to a total of four population genetic models. These scenarios mirror classical theory for the invasion of unisexuals in hermaphroditic populations (Charlesworth and Charlesworth 1978a), providing clear points of contrast. Below, we provide a full description of the simplest model: the evolution of gynodioecy via invasion of a dominant male-sterility mutation. We then briefly outline essential differences in the other three models, with reference to the first. Full details for all four models are provided in appendix A (apps. A–F are available online), and simulation code is available at https://github.com/colin-olito/dioecysa.

Gynodioecy

Consider a genetic system involving two diallelic autosomal loci, A (with alleles A₁, A₂) and M (with alleles M₁, M₂), that recombine at rate r per meiosis. The A locus is under sexually antagonistic selection, with the A₁ allele female beneficial and male deleterious and the A₂ allele male beneficial and female deleterious. At the M locus, the M₁ allele has a relative fitness of one in both sexes, while the M₂ allele

1. Code that appears in The American Naturalist is provided as a convenience to readers. It has not necessarily been tested as part of peer review.
causes sterility through the male sex function and is completely dominant to the $M_1$ allele. Compared to hermaphrodites, female unisexuals reallocate resources that are normally invested in the male sex function (e.g., to pollen production) toward ovule production (Lloyd 1975, 1976; Charlesworth and Charlesworth 1978a), with $k$ representing the proportional increase in ovule production by unisexual females relative to hermaphrodites. The population is initially hermaphroditic (fixed for $M_1$); evolution of gynodioecy requires the invasion of the $M_1$ allele into the population. Cytoplasmic male sterility may also play a role in the evolution of gynodioecy, but transitions to full dioecy require the subsequent invasion of nuclear sterility alleles (e.g., Lewis 1941; Frank 1989; Charlesworth 2002, 2006).

Among offspring of hermaphrodites, a fixed proportion $C$ are produced by self-fertilization, and the remainder $(1 − C)$ are produced by outcrossing. Unisexual females cannot self-fertilize. Individuals produced by self-fertilization suffer from inbreeding depression, with $\delta$ representing the decreased probability of survival to reproductive maturity of self-fertilized zygotes relative to those produced by outcrossing. Generations are discrete, and the life cycle proceeds as follows: birth $\rightarrow$ differential survival due to inbreeding depression $\rightarrow$ selection on reproductive success through male and female sex functions $\rightarrow$ random fertilization.

Let $x_i$ and $y_j$ denote the frequencies of the four possible haplotypes $[AM_1, AM_2, aM_1, aM_2]$ in female and male gametes, respectively. An individual carrying haplotypes $i$ and $j$ has fitness of $w_{ij}^f$ through the female sex function and $w_{ij}^m$ through the male sex function; fitness through each sex function is multiplicative between the $A$ and $M$ loci (table 1). We assume that there are no parent-of-origin effects on fitness.

To track evolutionary changes in genotype frequencies, we partitioned genotypes by whether they were produced by self-fertilization or by outcrossing. The approach yields a system of 20 general recursion equations (10 genotypes $\times$ two modes of reproduction; see app. A). Although more compact approaches have been used for generating recursions in previous models (e.g., Charlesworth and Charlesworth 1978a, 2010), we used the following expanded expressions to clarify the transmission pathway and assumptions underlying each of our models. As shown below, our models reproduce the classical results in special cases where there is only selection at loci segregating for sterility alleles.

Let $F_y$ represent the zygotic frequency of outcrossed genotypes carrying haplotypes $i$ and $j$ and $G_y$ represent the frequency of the same genotype among zygotes produced by self-fertilization. When $M_1$ is completely dominant to $M_2$, the recursions for outcrossed zygotes in the next generation simplify to

\[
F_{11} = (1 - S)(x_i y_i), \quad F_{13} = (1 - S)(x_i y_s),
\]
\[
F_{12} = (1 - S)(x_i y_i), \quad F_{14} = (1 - S)(x_i y_i),
\]
\[
F_{22} = 0, \quad F_{24} = 0,
\]

where $S$ is the proportion of all ovules in the population that are self-fertilized ($S$ is proportional to the selfing rate, $C$, and takes into account selection on ovule production and the fact that not all genotypes produce pollen; see app. A for details). Note that $y_s = y_s = 0$ because these male gametic haplotypes cannot be produced when $M_1$ is a dominant male-sterility allele. Among zygotes formed by self-fertilization, the genotypic frequencies in the next generation are

| Table 1: Fitness expressions for diploid adults prior to reproduction for the model of a dominant male-sterility mutation, where $w_{ij}^f$ denotes fitness effects through the female sex function and $w_{ij}^m$ through the male sex function |
|---------------------------------|--------|--------|--------|--------|
| **Haplotype**                  | $AM_1$ | $AM_2$ | $aM_1$ | $aM_2$ |
| Female sex function:           |        |        |        |        |
| $AM_1$                         | 1      | $(1 + k)$ | $(1 - h_i s_j)$ | $(1 - h_i s_j)(1 + k)$ |
| $AM_2$                         | ...    | $(1 + k)$ | $(1 - h_i s_j)(1 + k)$ | $(1 - h_i s_j)(1 + k)$ |
| $aM_1$                         | ...    | ...    | $(1 - s_j)$ | $(1 - s_j)(1 + k)$ |
| $aM_2$                         | ...    | ...    | ...    | $(1 - s_j)(1 + k)$ |
| Male sex function:             |        |        |        |        |
| $AM_1$                         | $(1 - s_m)$ | 0      | $(1 - h_j s_m)$ | 0 |
| $AM_2$                         | ...    | 0      | 0      | 0 |
| $aM_1$                         | ...    | ...    | 1      | 0 |
| $aM_2$                         | ...    | ...    | ...    | 0 |

Note: Rows and columns indicate the $i$th and $j$th gametic haplotypes, respectively. The lower triangle of each matrix is the reflection of the upper triangle and is omitted for simplicity and consistency with the $i \geq j$ row/column indexing used throughout the article.
models to determine conditions that favor the spread of sterility and SA alleles (see the introduction).

Following previous SA theory (e.g., Kidwell et al. 1977; Prout 2000; Jordan and Connallon 2014), we focused our analyses on the simplest case of codominant (i.e., additive) expression of SA alleles at locus A ($h_m = h_l = 1/2$ in table 1). Additional results exploring the effects of dominance reversals at the A locus ($h_m, h_l < 1/2$) are presented in appendix C. These additional results are similar to those of the additive scenario, except that the invasion conditions for both SA and sterility alleles are more permissive (Fry 2009; Jordan and Connallon 2014; Olito 2017).

We first examined the case where both loci are initially monomorphic ($M_i$ is fixed at the M locus; $A$ or $a$ is fixed at the A locus). To identify conditions for the invasion of derived alleles at each locus (individually or in combination), we carried out a linear stability analysis of each monomorphic condition corresponding to $F_{ii} = G_{ii} = 1$ when $A$ is initially fixed and to $F_{33} = G_{33} = 1$ when $a$ is initially fixed. An equilibrium is unstable and a derived haplotype will invade the population when the leading eigenvalue of the Jacobian matrix of the system of recursions is greater than one, $\lambda_1 > 1$; Otto and Day 2007). For the models involving dominant unisexual sterility alleles, each analysis yields three analytically tractable candidate-leading eigenvalues. The first two candidate eigenvalues ($\lambda_a$ and $\lambda_A$) describe conditions for invasion of the derived allele at each locus singly. The third candidate eigenvalue describes the condition for invasion of a haplotype carrying both derived alleles ($\lambda_{AML}$). Mathematica code for our analytic results are presented in appendix F.

We next explored how SA polymorphism influences the invasion of unisexual sterility alleles into a population of hermaphrodites. For this scenario, we evaluated whether the $M_i$ allele can invade a population at deterministic polymorphic equilibrium at the A locus, with $M_i$ initially fixed at the M locus. As we note in the discussion, the assumption of polymorphic equilibrium at the SA locus is made for convenience in the stability analyses and is not a requirement for invasion of the unisexual sterility alleles. For the initial conditions of SA polymorphisms, we used the exact single-locus equilibria from Kidwell et al. (1977) for outcrossing populations with additive SA effects. We used approximate single-locus equilibria (see Jordan and Connallon 2014; Connallon and Jordan 2016) for cases of partial selfing and/or nonadditive effects of SA alleles (the expressions for single-locus SA polymorphism are provided in app. B). The approximations compare well against exact numerical results when selection at the SA locus is modest to weak ($s_p, s_{12} < 0.5$; Jordan and Connallon 2014; Connallon and Jordan 2016; Olito 2017).

Linear stability analyses are inconclusive when sterility alleles are recessive. Yet the evolutionary dynamics of recessive-
sive sterility alleles are of interest because such alleles are probably more common than dominant ones (Charlesworth and Charlesworth 1978a). We therefore carried out deterministic simulations of the exact recursions to find the equilibrium frequencies for each model of recessive unisexual sterility. To assess the impact of linkage on the polymorphic frequencies of unisexuals and hermaphrodites, we compared equilibrium frequencies from our models with the corresponding single-locus equilibria from Charlesworth and Charlesworth (1978a; denoted $Z$). For these comparisons, we focus on relatively tight linkage between $A$ and $M$ ($r \leq 0.1$). Predictions from one- and two-locus models converge under loose linkage (high $r$).

In single-locus models of gynodioecy and androdioecy, the equilibrium frequency of unisexuals is determined by the reproductive compensation term $k$ and the compound parameter $C\delta$ (Charlesworth and Charlesworth 1978a), where $C$ and $\delta$ refer to the rate of selfing and the severity of inbreeding depression, respectively. If inbreeding depression is caused primarily by recessive deleterious mutations, as current data suggest (Charlesworth and Willis 2009), $C$ and $\delta$ should negatively covary, as increased selfing purges deleterious recessives (we note, however, that other processes also contribute to observed patterns of inbreeding depression, e.g., Crnokrak and Barrett 2002; Charlesworth et al. 2007; Charlesworth and Willis 2009; Hedrick and Garcia-Dorado 2016). For simplicity, we incorporated negative covariance into our simulations by constraining inbreeding depression to follow a linear declining function of the selfing rate: $\delta = \delta' (1 - C/2)$, where $\delta'$ represents the hypothetical severity of inbreeding depression for an outcrossing population. We set $\delta' = 0.8$ for all simulations, which resulted in levels of inbreeding depression that are consistent with empirical data (e.g., fig. 2 in Husband and Schemske 1996). We emphasize that our intention is not to formally model the evolution of inbreeding depression but to capture effects of purging deleterious recessives in partially selfing populations and thereby explore biologically meaningful parameter space for the evolution of androdioecy and gynodioecy. In fact, a variety of detailed genetic models give rise to a nonlinear relation between inbreeding depression and selfing (e.g., Ohta and Cockerham 1974; Charlesworth 1985; Lande and Schemske 1985; Roze 2015; Garcia-Dorado 2017; Lande and Porcher 2017). As we show in appendix E, such nonlinear expressions for $\delta$ as a function of $C$ yield similar results to the linear expression described above.

To take into account the fact that $C$ and $\delta$ also influence the maintenance of SA polymorphism (Jordan and Con- nallon 2014; Olito 2017), we ran simulations using values of $s_f$ and $s_m$ that correspond to equal equilibrium frequencies for the two SA alleles ($p = q = 1/2$). Thus, our simulations explore whether unisexual sterility alleles will invade hermaphroditic populations at polymorphic equilibrium with equal frequencies of male- and female-beneficial SA alleles. We reiterate, however, that such balanced SA polymorphisms are not strictly necessary for sterility alleles to invade (see “Discussion”).

### Results

**Gynodioecy.** We begin with the simplest scenario for the evolution of gynodioecy: invasion of a dominant male-sterility allele, $M_3$, into a hermaphrodite population that is initially monomorphic for the SA locus (fixed for the $AAM,M$, or the $aaM,M$, genotype, which includes cases where selection favors the fixation of one of the SA alleles).

A new haplotype can spread within the population under three conditions. First, when the single-locus invasion criteria for the rare SA allele is met ($\lambda_A > 1$; Kidwell et al. 1977; Jordan and Connallon 2014; Olito 2017), selection will favor its invasion. This single-locus invasion condition applies broadly to cases of additive and nonadditive effects of SA alleles.

Second, a male-sterile allele can invade in the absence of linkage to an SA allele when the classic single-locus criterion for the evolution of gynodioecy is met ($\lambda_M > 1$):

$$\lambda_M > 1$$

(see eq. [4] of Charlesworth and Charlesworth 1978a). Recall that $k$ is the increased ovule production in females relative to hermaphrodites, and $\delta$ represents the strength of inbreeding depression in self-fertilized relative to outcrossed individuals. For convenience, we define $k$ as the threshold level of reproductive compensation for invasion of a unisexual in the single-locus model; $k$ is equal to the right-hand side of equation (3), and $k > k_1$ is the single-locus condition for invasion.

Third, a mutant haplotype bearing both the male-sterile allele and the derived allele at the SA locus can invade when $\lambda_{AM} > 1$. This condition for invasion takes the same basic form as equation (3), in which the minimum value of $k$ that is required for invasion is a decreasing function of $C\delta$ (see app. F). When the population is initially fixed for the female-beneficial SA allele ($A$), the haplotype invasion condition is more restrictive (requiring larger $k$) than the single-locus invasion condition (eq. [3]). In contrast, when the population is initially fixed for the male-beneficial allele ($a$), the condition for invasion of the derived haplotype is more permissive, provided the recombination rate is low relative to the strength of selection at the SA locus:

$$r < \frac{s_f}{2 - s_f}. \quad (4)$$
Equation (4) shows that tight linkage, strong SA selection, or both, facilitates the invasion of unisexual females and the evolution of gynodioecy. Nevertheless, strong selection is not required for linkage to have a pronounced effect on the conditions for invasion of unisexuals. For example, when \( s_f \leq 0.1 \), the threshold \( k \) for unisexual invasion decreases by up to \( \sim 15\% \) relative to single-locus predictions (fig. 1A; see also app. D, fig. D1; figs. D1–D16, E1 are available online). Stronger SA selection decreases the threshold for invasion of a unisexual sterility allele. Importantly, the above result holds whether the linked female-beneficial SA allele is ultimately fixed or is maintained as a balanced polymorphism.

Linkage to a male-sterility allele also expands conditions for the invasion of female-beneficial SA alleles. Under obligate outcrossing, conditions for invasion of a derived haplotype with the female-benefit SA allele and male-sterility allele (\( AM_f \); corresponding to \( \lambda_{AM} > 1 \)) are more permissive than the single-locus SA invasion condition when equation (4) is satisfied. Under partial selfing, the invasion condition for the same derived haplotype becomes more permissive than the single-locus prediction when

\[
r < \frac{s_m(1 - C)}{2 + s_m + C(2 - s_m - 4\delta)}. \tag{5}
\]

Equation (5) shows that selfing dampens the linkage-induced expansion of parameter space for invasion of female-beneficial SA alleles. This dampening effect occurs because increased selfing biases evolution in favor of the female-beneficial alleles (Olito 2017); the bias leaves less parameter space available for linkage to further expand the conditions where female-beneficial SA alleles can invade. Nevertheless, tight linkage can still aid invasion of female-beneficial alleles provided there is some degree of outcrossing among hermaphrodites.

**Androdioecy.** We identified conditions for the evolution of androdioecy by analyzing the stability of a population initially fixed for the \( AAM_M \) or the \( aaM_M \) genotype. We now follow the evolution of a dominant female-sterility al-

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**Figure 1:** Effect of linkage between the \( A \) and \( M \) loci on the invasion of unisexual females (A) and males (B) into hermaphrodite populations. Plots show the increase in parameter space (calculated as a proportion of the parameter space where eq. [3] is satisfied) for the invasion of double mutants (i.e., based on \( \lambda_{AM} \)) compared with the single-locus invasion criteria (i.e., based on \( \lambda_{AM} \); see eqq. [3] and [6] for the models of gynodioecy and androdioecy, respectively) for different selection intensities as a function of the recombination rate between the two loci. We vary the recombination rate between zero and the threshold where the one- and two-locus invasion conditions become equivalent (eq. [4]).

For the model of gynodioecy, we first solved \( \lambda_{AM} > 1 \) for \( k \) (denoted \( k_{AM} \) for convenience) and then integrated both \( k_{AM} \) and \( k \) (eq. [3], right-hand side) over \( C = [0, 1] \) and \( \delta = [0, 1] \) for the specified values of \( r \) and \( s_f \) (where \( j \in \{ f, m \} \)). The increase in parameter space (decrease in \( k_{AM} \) relative to \( k \)) was then calculated by subtracting the resulting volume for \( k_{AM} \) from that of \( k \) and dividing by the latter. Thus, the parameter space where unisexual females can invade is increased in the two-locus model because linkage reduces \( k_{AM} \) relative to \( k \) across biologically plausible values of \( C \) and \( \delta \) (see fig. D1). Because the integral of equation (6) is undefined when \( C = 1 \), we restricted the integration to include high, but not complete, selfing rates \( C = [0, 0.9] \) for the model of androdioecy; comparisons between the models should therefore be made with caution.
lele \((M_1)\) and SA alleles with additive effects on the sex functions. Analysis of the first eigenvalue \((\lambda_\alpha)\) recovers the general, single-locus invasion criterion for a derived SA allele (see above). Analysis of the second eigenvalue \((\lambda_{MA})\) yields the familiar single-locus condition for invasion of unisexual males into a hermaphrodite population:

\[
k > \frac{1 + C(1 - 2\delta)}{(1 - C)}
\]

(see eq. [8] of Charlesworth and Charlesworth 1978a). As before, we define \(k\) as the threshold level of reproductive compensation for unisexual invasion in the single-locus model, with \(k\) equal to the right-hand side of equation (3) (for the gynodioecy model) or equation (6) (for the androdioecy model), as appropriate.

Haplotypes bearing derived alleles at both loci can invade when \(\lambda_{MA} > 1\), where invasion conditions are once again dependent on the SA genotype that is initially fixed in the ancestral hermaphrodite population (see app. F). Mirroring the results of the gynodioecy model, the conditions for invasion are more restrictive than the single-locus condition (eq. [6]) when the population is initially fixed for the male-beneficial allele \((a)\). Conditions for invasion are more permissive when the female-beneficial allele \((A)\) is initially fixed. Replacing \(s_l\) with \(s_r\) in equation (4) yields the condition under which linkage to the SA locus promotes the invasion of unisexual males (i.e., relative to eq. [6]). The expansion of parameter space for invasion of the two-locus derived haplotype is smaller in the androdioecy model compared to the gynodioecy model (fig. 1B). Again, this condition holds whether or not the invading male-beneficial allele will ultimately fix.

Linkage to a female-sterility allele also facilitates the invasion of male-beneficial SA alleles. With \(s_r\) substituted for \(s_p\), equation (4) provides the condition where linkage to a female-sterility allele expands the invasion condition of a male-beneficial SA allele in an obligate outcrossing population. Under arbitrary selving in hermaphrodites, linkage to a female-sterility locus expands the invasion conditions of male-beneficial SA alleles when

\[
r < \frac{s_f(1 + C(1 - 2\delta))}{2 - 2C + s_f(1 + C(1 - 2\delta))}
\]

In contrast to the gynodioecy model, where selving dampens the expansion of parameter space for the linked invasion of female-beneficial SA alleles (eq. [5]), self-fertilization expands conditions for invasion of male-beneficial SA alleles that are linked to female-sterility alleles in the androdioecy model. For example, the right-hand side of equation (7) increases with both \(C\) and \(s_f\) such that, for \(C > 1/3\), there is always some expansion of the parameter space where male-beneficial alleles can invade relative to the single-locus expectation, even under free recombination \((r = 1/2;\) see also Olito 2017).

### Invasion of Unisexuals into Polymorphic Populations

Reproductive compensation, recombination, and selving rates have similar effects on the invasion of sterility mutations into populations maintaining polymorphic SA alleles compared to populations where the SA locus is initially monomorphic (above). Linkage to a polymorphic SA locus expands the parameter conditions for the invasion of unisexual relative to the classical single-locus conditions (fig. 2).

In cases where reproductive compensation falls below the single-locus invasion threshold, unisexuals can still invade when the sterility mutation and SA locus are sufficiently linked. For example, under obligate outcrossing and tight linkage \((r = 0)\), unisexuals can invade across \(\sim 69\%\) of the parameter conditions where SA polymorphism is maintained (within the range \(s_r, s_0 \leq 0.5\)), even if they suffer a 10% reduction in gamete production relative to the single-locus invasion criterion for unisexual sterility alleles (the right-hand side of eq. [3]; see fig. 2A, 2D). With smaller reductions in gamete production relative to the single-locus invasion criterion, unisexuals can invade across a greater fraction of polymorphic SA parameter space, even when linkage is relatively loose (e.g., when \(r = 0.2\) and \(k = 0.95 \times k\), unisexuals will invade across \(\sim 38\%\) of parameter conditions maintaining SA polymorphism).

With a small amount of selving and high inbreeding depression in hermaphrodites \((C = 1/4, \delta = 0.8)\), the breadth of parameter space where unisexuals can invade remains similar to the obligate outcrossing scenario (fig. 2B, 2F). However, under high selving rates and low inbreeding depression \((C = 3/4, \delta = 0.2)\), tighter linkage is required for invasion of male-sterility alleles during transitions to gynodioecy than for female-sterility alleles during transitions to androdioecy, when reproductive compensation falls below the single-locus invasion threshold (fig. 2C, 2F). That is, linkage to an SA locus has a stronger facilitating effect on transitions to androdioecy than for transitions to gynodioecy. As before, this contrasting effect of selving between the gynodioecy and androdioecy models arises because selving causes asymmetry in the evolutionary dynamics of SA alleles, which favors female-benefit relative to male-benefit alleles (Charlesworth and Charlesworth 1978a; Jordan and Connallon 2014; see app. D, figs. D2–D7, for examples). The evolutionary bias toward female-beneficial alleles creates greater scope for linkage to a male-beneficial SA allele to aid invasion of a female-sterility allele (resulting in androdioecy) than for linkage to a female-beneficial allele to aid the spread of a male-sterility allele (resulting in gynodioecy).
Figure 2: Invasion of unisexuals into populations with preexisting SA polymorphism. Plots show the fraction of parameter conditions maintaining single-locus SA polymorphism (within the range $0 < s_f, s_m \leq 0.5$) where a dominant sex-specific sterility allele at $M$ can invade, assuming additive SA fitness effects at the SA $A$ locus ($h_f = h_m = 1/2$), plotted as a function of the recombination rate $r$. Panels A–C show results from the model of gynodioecy via invasion of a male-sterility allele, while panels D–F show results for the model of androdioecy via invasion of a female-sterility allele. For each panel, results are shown for different values of reproductive compensation, $k$, chosen as a fraction of the single-locus invasion threshold for the unisexual sterility allele ($\tilde{k}$, which is equal to the right-hand side of eq. [3] or eq. [6] for the models of gynodioecy and androdioecy, respectively). Note the different scale for the X-axis in C. To calculate the fraction of parameter space where unisexuals can invade populations initially polymorphic at the SA locus, we first drew 1,000 points uniformly distributed throughout polymorphic $s_f \times s_m$ parameter space (i.e., where the single-locus equilibrium frequency of the female-beneficial SA allele, $\tilde{q}$, satisfied $0 < \tilde{q} < 1$). The fraction of parameter space was calculated as the fraction of these 1,000 points at which either of the candidate-leading eigenvalues associated with invasion of unisexuals ($\lambda_{uv}, \lambda_{uw}$) evaluated in excess of one.
SA genetic variation will facilitate the spread of loosely linked unisexual sterility alleles when selection at the SA locus is strong (larger values of $s_w$ and $s_d$), and selection is biased toward the sex of the invading unisexual type. In other words, with incomplete linkage, the invasion of male-sterility alleles requires female-biased selection ($s_f < s_w$), while the invasion of female sterility requires male-biased selection ($s_f > s_w$; see app. D, figs. D2–D7).

**Equilibrium Frequencies of Unisexuals**

**When Sterility Alleles Are Recessive**

Relative to classical single-locus predictions, linkage with an SA locus elevates the equilibrium frequencies of recessive sterility alleles and unisexuals, consistent with results of the dominant sterility allele models. Indeed, when reproductive compensation matches or exceeds the threshold for unisexual invasion in the single-locus model (i.e., $k \geq \hat{k}$, where $\hat{k}$ is equal to the right-hand side of eq. [3] or eq. [6] as appropriate), linkage to an SA locus can greatly increase the equilibrium frequencies of unisexuals relative to single-locus predictions (Charlesworth and Charlesworth 1978a; figs. 3, D15, grayscale lines). The effect is strongest in predominantly outcrossing populations and weakens with increasing rates of selfing in hermaphrodites (recall that inbreeding depression also declines with selfing in our models; see "Models"). As the recombination rate between loci increases, unisexual equilibrium frequencies converge to predictions of the single-locus models.

When reproductive compensation falls below the single-locus threshold for invasion ($k < \hat{k}$), the combination of tight linkage and outcrossing can still elevate the equilibrium frequencies of unisexuals (fig. 4A, 4C, with the effect declining with the recombination rate, the rate of outcrossing, and the magnitude of reproductive compensation: fig. 4B, 4D). In these cases, the frequencies of males in the androecy model are more sensitive to reductions in $k$ than for the equilibrium frequencies of females in the gynodioecy model. With lower reproductive compensation, equilibrium unisexual frequencies are highest for populations with intermediate selfing rates, reflecting a balance between two opposing factors that influence the evolution of recessive sterility alleles: whereas selfing increases both the expression of unisexual phenotypes (by increasing the frequency of $M_1M_2$ homozygotes) and the opportunity for selection for rare unisexual sterility alleles, it also places a limit on the reproductive success of unisexuals, which can only reproduce by outcrossing.

**Figure 3:** Effect of linkage on equilibrium frequencies of unisexual females (A) and males (B) when reproductive compensation is above the single-locus threshold for invasion of unisexual sterility allele (i.e., $k > \hat{k}$, where $\hat{k}$ is equal to the right-hand side of eq. [3] or eq. [6], as appropriate). Results are shown for the models of androecy and gynodioecy via invasion of recessive unisexual sterility alleles, additive fitness effects at A ($h_h = h_w = 0.5$, using selection coefficients of $s_w = 0.1$ for the model of gynodioecy and $s_d = 0.1$ for the model of androecy), and inbreeding depression that follows $\delta = \delta'(1 - C/2)$ (see "Models"). Plots illustrate the increase in equilibrium frequencies of unisexuals predicted by our two-locus models (dashed grayscale lines) relative to the corresponding exact single-locus equilibrium frequencies (solid black line; $Z$ predicted by Charlesworth and Charlesworth 1978a). Results are shown for four different levels of recombination, highlighting that with weaker linkage, the two-locus predictions converge on those of the single-locus model.
Discussion

Our theoretical predictions have three implications for the evolution of mating systems and the genetic basis of separate sexes. First, compared to classical single-locus models of androdioecy and gynodioecy, linkage to an SA locus expands the range of conditions where unisexual sterility alleles are favored and elevates the equilibrium frequencies of invading unisexual individuals within androdioecious and gynodioecious populations. Second, the facilitating effect of linkage on the invasion of unisexuals is most pronounced in outcrossing hermaphrodite populations, suggesting that...

Figure 4: Equilibrium frequencies of unisexual females (A, B) and males (C, D) across a gradient of reproductive compensation (with values chosen as a fraction of the single-locus invasion threshold for \( M_1 \), \( k \), which is equal to the right-hand side of eq. [3] or eq. [6] for the models of gynodioecy and androdioecy, respectively). Results are shown for the models of androdioecy and gynodioecy via invasion of recessive unisexual sterility alleles, additive fitness effects at A (\( h_f h_m \): 0.5, using selection coefficients of \( s_u \): 0.1 for the model of gynodioecy and \( s_i \): 0.1 for the model of androdioecy), and inbreeding depression that decreases linearly with the selving rate: \( d = \delta (1 - C/2) \) (see “Models”). Plots show the equilibrium frequencies of unisexuals predicted by our models for five different levels of reproductive compensation, calculated as a fraction of the single-locus invasion criterion for \( M_1 \) defined by equations (3) and (6). Note that the single-locus equilibrium frequency of unisexuals always equals zero when \( k < k \). Hence, the lines corresponding to \( k < k \) illustrate how linkage among SA loci expands the parameter space where unisexual sterility alleles can invade beyond the predictions of the single-locus models.
correlations between the ancestral selfing rate and the evolution of separate sexes may be weaker than predicted by earlier theory, in which selfing promotes invasion of unisexuals (see Charlesworth and Charlesworth 1978a). Third, successfully invading unisexual sterility alleles, which initiate transitions to dioecy, are expected to preferentially accumulate in genomic regions harboring SA polymorphism—a prediction at odds with the prevailing view that sexual antagonism is more likely to follow rather than precede the evolution of separate sexes and of genetic sex determination (reviewed in Charlesworth et al. 2005; Bachtrog 2006). Below, we elaborate on the predictions of our models and suggest ways to test them.

SA Polymorphism and the Evolution of Dimorphic Sexual Systems

Classical theory predicts that conditions for the evolution of dioecy are likely to be restrictive (Lloyd 1975, 1976; Charlesworth and Charlesworth 1978a; Käfer et al. 2017). Unisexuals can invade a population when they compensate for the loss of one ancestral sex function by increasing gamete production through the other (e.g., unisexual females can compensate for the loss of the male sex function by producing more ovules than hermaphrodites do). We find that when sterility mutations arise on haplotypes that carry complementary SA alleles, the conditions for the spread of unisexual sterility require less compensation than predicted by previous theory (e.g., a male-sterility allele is more likely to spread when it arises on a haplotype carrying a female-beneficial SA allele). Intuitively, linkage to a complementary SA allele helps to offset the loss of a sex function caused by the sterility allele, thereby reducing the amount of reproductive compensation required for unisexual invasion relative to single-locus predictions (Charlesworth and Charlesworth 1978a). These results parallel recent multiculus models of sex-specific selection, which show that predominantly female-harming mutations tend to accumulate on haplotypes carrying male-benefit SA alleles and that male-harming mutations preferentially accumulate in linkage with female-beneficial SA alleles (Blackburn et al. 2010; Patten et al. 2010; Úbeda et al. 2010; Connallon and Jordan 2016). A corollary of this result is that conditions for the maintenance of SA polymorphism are also expanded by linkage to sex-specific sterility mutations. Hence, the invasion of new unisexual sterility mutations (i.e., during the initial step in the evolution of dioecy) should also promote the maintenance of polymorphism at nearby SA loci.

Balanced SA polymorphisms are not a prerequisite for linkage between an SA locus and a unisexual sterility mutation to facilitate transitions to androdioecy or gynodioecy. However, the amount of standing SA genetic variation should influence the potential for unisexuals to invade hermaphro-
via the gynodioecy pathway (Darwin 1877; Charlesworth and Charlesworth 1978a). Previous theory predicts that the evolution of gynodioecy is driven by the combination of reproductive compensation by unisexuals and inbreeding avoidance and is therefore most likely to occur in partially selfing populations (Lewis 1942; Lloyd 1975; Charlesworth and Charlesworth 1978a; Käfer et al. 2017). This prediction follows directly from the structure of equation (3), where $k$ depends entirely on the product of the selfing rate and inbreeding depression ($\bar{F}$). In contrast, the evolution of androdioecy is predicted to require significantly higher reproductive compensation, especially in partially selfing populations, because invading males must still compete with selfing hermaphrodites to fertilize ovules (Charlesworth and Charlesworth 1978b; Käfer et al. 2017).

The population selfing rate plays a critical role in our models as well, though our predictions differ from those of classical theory. The facilitating effect of linkage to an SA locus on the invasion of unisexual individuals is most prominent in outcrossing populations, and the effect of linkage weakens with increased selfing. Moreover, outcrossing hermaphrodite populations are more likely than selfing ones to maintain SA genetic variation (Jordan and Connallon 2014; Olito 2017). Both factors should promote evolutionary transitions from outcrossing hermaphrodite populations to androdioecious and gynodioecious systems. Thus, single-locus theory for the initial steps toward the evolution of dioecy may significantly underestimate the potential for evolutionary transitions to dimorphic sexual systems in predominantly outcrossing ancestral species. On the other hand, our models agree with previous theory that the conditions favoring transitions to androdioecy will remain difficult to satisfy when the ancestral rate of self-fertilization is high (large $k$; eq. [6]; Charlesworth and Charlesworth 1978a). Hence, our results comport with prior theory in predicting that the evolution of androdioecy—and of dioecy via the androdioecy pathway—will remain more restrictive than transitions to gynodioecy (Charlesworth and Charlesworth 1978a; Charlesworth 2006; Renner 2014; Käfer et al. 2017).

Although the classic single-locus predictions for the evolution of androdioecy and gynodioecy are widely accepted, one of the key predictions—an association between the ancestral selfing rate and evolutionary transitions to dioecy—is not well supported empirically (Charlesworth 1985, 2006; Renner 2014). Our models can account for the weak association between the ancestral selfing rate and transitions to dioecy. In species where unisexual sterility alleles arise in linkage with an SA locus, evolutionary transitions to dimorphic sexual systems should be elevated in predominantly outcrossing hermaphrodite taxa. If transitions to dioecy involve a mixture of the traditional (i.e., single-locus) path and the alternative that we have proposed, then the net effect will be low (or no) correlation between the ancestral hermaphrodite selfing rate and transitions to dioecy. In light of our results, it would be worth reexamining the association between the inferred pattern of ancestral self-fertilization and the transition rate between sexual systems among angiosperm species, using modern phylogenetic comparative methods. Such a study would further help to identify species where our proposed mechanism for the evolution of gynodioecy is most likely to have played a role (e.g., gynodioecious and dioecious species that appear to have evolved from outcrossing ancestors).

The Population Genetic Basis of Sex Chromosomes and Separate Sexes

Our results also have implications for the role of SA genetic variation during the early stages of sex chromosome evolution. The process of sex chromosome evolution into highly differentiated X and Y (or Z and W) chromosomes is thought to proceed by the following series of steps. First, a new sex-determination gene (or linked gene cluster) originates on an ordinary pair of autosomes. Second, SA alleles benefiting the heterogametic sex are predicted to accumulate in tight linkage with the sex-determining locus on the proto-Y or proto-W chromosome. Third, this linked SA variation generates selection for suppressed recombination between the proto-sex chromosomes. Fourth, the nonrecombining sex chromosome degenerates as a consequence of recombination suppression. Finally, mechanisms of dosage compensation may evolve in response to the loss of functional genes on the degenerate sex chromosome (Rice 1987; Charlesworth 2002; Charlesworth et al. 2005; Bachtrog 2006; Qiu et al. 2013; Bachtrog et al. 2014).

In the classical theory for the evolution of dioecy (Charlesworth and Charlesworth 1978a), the initial step of sex chromosome evolution, as outlined above, coincides with the transition to full dioecy via the sequential invasion of complementary gender modifiers in a tightly linked region of the genome and complete repulsion linkage disequilibrium with one another (e.g., proto-Y and proto-X chromosomes carry female-sterility and male-sterility alleles, respectively; Charlesworth and Charlesworth 1978a). The tightly coupled pair of loci segregate, effectively, as a single sex-determining locus, which sets the stage for further sex chromosome differentiation by the steps outlined above.

Our theoretical results suggest an alternative—and previously unrecognized—sex chromosome evolutionary pathway. In contrast to the standard view, where sexual antagonism emerges after the origin of the sex-determination locus, our models suggest that SA polymorphism may represent the first step, rather than an intermediate step, in the evolution of heteromorphic sex chromosome systems. This role of SA genetic variation during the origin of sex chromo-
somes is reminiscent of recent theory for the turnover of established sex chromosomes (van Doorn and Kirkpatrick 2007, 2010). However, in our models, SA polymorphism precedes the origin of the sex determination system. Following the transition to dioecy, the proto-sex chromosomes are already primed for the evolution of recombination suppression and further differentiation (Charlesworth and Charlesworth 1978a; Rice 1987; Bachtrog 2006; Qiu et al. 2013). Given the crucial role of genetic linkage in nearly every step of sex chromosome evolution, it seems plausible that the amount of SA genetic variation present prior to the origin of distinct sexes may help to explain the extensive variation in sex chromosome differentiation that has been observed in angiosperms (Charlesworth 2002; Bachtrog et al. 2014; Renner 2014).

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